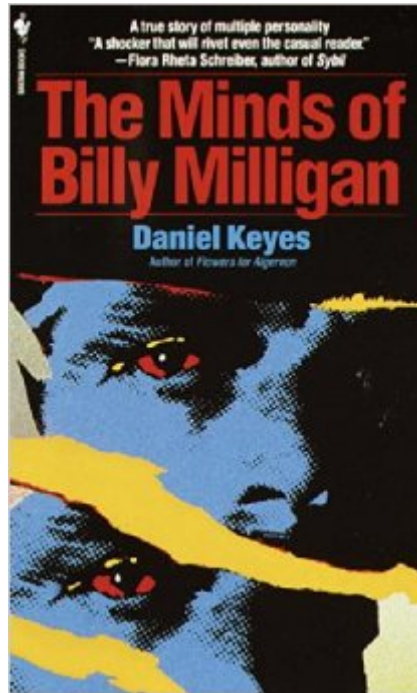




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# The Minds Of Billy Milligan



## Synopsis

A portrait of a tortured young man, arrested for a series of kidnappings and rapes, explores the world of a multiple personality, whose traumatic childhood shattered his mind into twenty-four distinct personalities.

## Book Information

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## Customer Reviews

Daniel Keyes was born in New York City and graduated from Brooklyn College. His award-winning novel *Flowers for Algernon* is studied in high schools and colleges across the country. Keyes died in 2014.

I would not rave over this book; however, given my strong interest in multiple personalities, as well as my interest in human psychopathology, I found "The Minds of Billy Milligan" to be a highly engaging work to read. It was written by a fairly noted novelist, and he knows how to write a story that is fascinating to the reader. This book is about a real-life case of multiple personalities, but the author undoubtedly included much in the way of additions to what actually happened, as well as suppositions about what respective personalities knew or were thinking. Overall, I regard this book as the best one I've ever read on multiple personality disorders. I was a bit disappointed with a less-than-positive outcome of the story, since Milligan never was found capable of functioning successfully outside of a prison or a mental institution, once he'd been apprehended for crimes he committed. Since Milligan had been a very grave victim of child abuse, including rape by a foster parent, I'd hoped that he would be able to survive and overcome the horrific psychological damage

inflicted upon him. However, at the time the book was completed, he was still stuck in a maximum-security mental institution for the criminally insane. Milligan was undoubtedly brilliant, and did very impressive artistic creations. However, he never managed to surmount the obstacles to an integrated and rewarding life outside an institution - at least, not at the time of the completion of the book. For any person interested in a story of adventure by a brilliant mental patient - whether fictional or non-fictional - this real-life story of Billy Milligan should be a worthwhile read.

Interesting Read. Not a psycho thriller like I was expecting. It is more about mental illness and the difficulty living with one. An easy read but also very informative and entertaining in a sad way. I am glad I read it. This should be made into a movie. The only thing I can find is a short documentary on YouTube.

I heard about this book when I was doing some research, and watching a popular tv show about a woman with DID. I read the reviews on here, and decided it was worth my time. This book is a FASCINATING READ, and I'm ashamed to say, I forsook laundry, chores, and dinner with my friends to read it! I came into work this morning and began telling my boss about it. I work in the mental health field, and I can not get enough of this particular disorder. The strength to persevere is enough, but to live, with that many other "people" inside is beyond comprehension. I would highly recommend this book to anyone who is NOT a believer!

if your not familiar with multiple personalities...this true case study is a great introduction to the topic...don't know that it presents a true resolution to closure for an individual who is a multiple but again a great way to expose oneself to what many are experiencing in their lives

Its a great story, no doubt about that. I felt that since there were so many personalities it was hard to keep up with who did what. I didn't care for the ending either. It seemed a bit silly to me that the "Teacher" knew all, and just happen to come to the "spot" to explain everything. I enjoyed the first half, the second I didn't even finished because it seemed so unbelievable. .

Unlike anything I have ever read - it could be psychological thriller that keeps you on the edge of your seat - however; it is a devastating biography of a boy/man and his 23 personalities and at times you can forget it is only about one individual not 24 different characters.

My daughter did her forensic competitions in High School with excerpts from this book. She won multiple local awards, but best of all she won 7 State trophies with her interpretation. (Washington State, 1984-1986). This is an excellent book. It really shows how 'multiple personalities' work. Pretty scary- Poor soul. ( As a sideline - my parents kept her trophies in their home until their home burned down. No more trophies.)

This book is well written and at times situations described are funny. Some parts amaze. It is somewhat educating on MPD/DID as well. I have read a lot of MPD/DID books and literature. I have seen some films and gone to professional lectures. This is one of my favorite books on the subject. I would say it is among the top 5. This story had a sad ending. The system failed Billy Milligan. He was getting some help, then bad decisions were made and he was sent to an environment that failed him. After this book I learned more about this client online. He has lived free since...but still has brushes with the law. His life has improved but he still has attitude issues and also he thinks he is an expert on MPD/DID. He also thinks MPD/DID is extremely rare and thinks he can judge all other cases to judge if they are real or not. I feel he is misinformed. MPD/DID is not rare. I have been to professional lectures on this and I've met several other MPD/DID clients. There is no mistaking that they are MPD/DID. Billy Milligan isn't completely successful living freely in society. He has written another book since, but it was published in Japan and not available in the USA... nor is it in English. He enjoys being a celebrity of sorts, but also likes to live privately. I know he had some bad experiences with his therapy and has trust issues...but he can still benefit from more that can allow him to stay unmerged but heal from the bitterness he still holds and he can learn to cope and learn to trust again.

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